

the Bulletin

FALL 2026

MUNICIPAL BULLETIN

Town of Brome Lake



IN THIS ISSUE

Community

A Word From the Mayor 03

Municipal Council Meetings 04

Two Years of Digital Innovation
to Serve You Better 05

A New Sports Chalet
Planned for Lions Park 06

New Information
on Pet Services 07

A Vision for the Future
of Knowlton's Village Core 08

Reminders & Info 09

News 10

Recreation

Events Schedule 14

Classes & Activities Schedule 17

Community Board 20

THE BULLETIN (FALL 2026 EDITION | VOL.11 N°4)

Legal deposit: ISSN : 2369-4866

EDITORIAL TEAM

Writing: Ghyslaine Forcier, Marie-Eve Morency, Kevin Brunelle and special contributors.

Art direction and graphic design: Studio Créatif Benoit & filles inc.

TO CONTACT THE EDITORIAL TEAM

✉ communications@lacbrome.ca

☎ 450 243-6111

🌐 lacbrome.ca

📍 122 Lakeside Road, Brome Lake, Quebec J0E 1V0

Contact us

Town Hall

📍 122 Lakeside Road, Brome Lake, Quebec J0E 1V0

Monday to Thursday: 8 a.m. to 4 p.m. ☎ 311 (Brome Lake area)

Friday: 8 a.m. to noon ou 450 243-6111

Centre Lac-Brome

📍 270 Victoria Street, Brome Lake, Quebec J0E 1V0

Monday to Thursday: 8 a.m. to 4 p.m. ☎ 450 242-2020

Friday: 8 a.m. to noon
(until 4 p.m. for the activities)

Stay informed

Pick-up Schedule

Citizen Portal

Events

Recreation

Tourism

Permits

Citizen Alert System

Subscribe
to our newsletter



Let's stay in touch



Dear fellow citizens,

— LEE PATTERSON

Fall is just around the corner and, after a busy summer, I would like to take a moment to highlight a few tangible signs of our community's vitality. Throughout the municipality, projects are moving forward, businesses are growing and public spaces are becoming increasingly attractive. This is an opportunity to showcase what helps make Brome Lake a welcoming, vibrant and ever-evolving community.

The Town continues its efforts to provide greater clarity and transparency in the planning of new residential developments. As part of the Spring Hill development project, the Town asked the developer to hold a neighbourhood information meeting for nearby residents before formally submitting the application. In addition, the Town is actively working to develop and illustrate the principles that will have to be respected in new residential projects. Stay tuned—more details will be shared in the coming weeks.

Along the same lines, the façade renovation program continues to deliver results. Thanks to this support, eleven businesses have already benefited from improvements that help enhance the appearance

and vitality of our community. The busy village core benefits directly, as does the community as a whole.

I would also like to welcome the arrival of new businesses in Fulford and West Brome. Congratulations to the entrepreneurs who have chosen Brome Lake to establish their businesses and contribute to our local economy.

Lastly, I would like to warmly thank our horticulture team and everyone who contributes to beautifying our public spaces. The flowers that adorn our streets and landscaping add a touch of charm that makes all the difference and reflect the pride we take in our community.

Thank you all for contributing, each in your own way, to the quality of life for which Brome Lake is known.



“A welcoming, vibrant city, constantly evolving.”

Municipal Council Meetings

Every citizen can make a difference in their community by attending Municipal Council Meetings. It is also an opportunity to meet your elected officials.

Regular meetings of the municipal council are open to the public. They are held at Centre Lac-Brome, and all citizens are invited to attend. Two question periods are scheduled during regular meetings: the first at the beginning of the session, and the second at the end.

Agendas, minutes, and the meeting calendar are available at lacbrome.ca.



CLAUDE RAJOTTE
claude.rajotte@lacbrome.ca
District 1
Bondville – Fulford



STEVEN BEERWORT
steven.beerwort@lacbrome.ca
District 2
West-Brome – Iron Hill



PIERRE LAPLANTE
pierre.laplante@lacbrome.ca
District 3
East Hill



LISA PAYNE
lisa.payne@lacbrome.ca
District 4
Knowlton – Victoria



PATRICK OUVRARD
patrick.ouvrard@lacbrome.ca
District 5
Knowlton – Lakeside



ROBERT LAFLAMME
robert.laflamme@lacbrome.ca
District 6
Foster

Questions?

Before and after the meeting:

Submit your questions and comments to the Clerk and Legal Affairs Department at the following address:
greffe@lacbrome.ca.

Only questions received before 4 p.m. on the day of the meeting will be answered the same day.

Upcoming Council Meetings

September 8

October 6

November 2

7 p.m.

Centre Lac-Brome 270 Victoria Street



Two Years of Digital Innovation to Serve You Better

Over the past two years, the Town has made significant efforts to make its services more accessible. Several online tools have been launched to modernize the citizen experience and facilitate communication with the municipal administration.

Among the new features is the 311 service, a single point of contact for reaching the Town more easily, as well as the launch of the [citizen portal](#), which allows residents to create an account and access multiple forms and services in one place.

A [public consultation module](#) was introduced a year ago to gauge public opinion on specific issues. Other digital services have also simplified daily processes, including [permit applications](#), [tax account access](#), and the module for [reporting](#) various situations.

For Brome Lake residents, managing [annual parking passes](#) for Carke Terrace, Douglass Beach, and Tiffany Park is now easier, as both applications and payments can be made through the citizen portal.

With the same goal of simplifying procedures, an online service has also been introduced for [watercraft stickers](#). Citizens can now easily submit and renew their requests, avoiding unnecessary trips while benefiting from a faster and more accessible process.

These achievements reflect a clear commitment: to simplify the lives of residents by focusing on practical and effective solutions. Over the course of two years, these initiatives have helped transform the relationship between the Town and its community by offering services that are more accessible, flexible, and adapted to today's realities.

A new Sports Chalet Planned for Lions Park

Last June, the Town of Brome Lake submitted a grant application to the *Programme d'aide financière aux infrastructures récréatives, sportives et de plein air 2026* (Financial Assistance Program for Recreational, Sports, and Outdoor Infrastructure) for its project to construct a new sports chalet at Lions Park.

This project aims to address important needs regarding accessibility, services, and facilities in a park that already hosts a diverse range of users, including seasonal sports leagues, families, cyclists, and runners. Currently, the existing infrastructure is limited to a small, outdated service building equipped with two frequently malfunctioning toilets and lacking secure storage for sports equipment.



Designed in collaboration with various sports groups that use the park — including rugby, the Soccer Club, the Pickleball Club, the volleyball league, and the softball league — this new sports chalet would become the hub of the park's facilities and would feature:

- Five restrooms, including one accessible restroom with a changing table
- An outdoor shower
- A multi-purpose room
- Indoor and outdoor reception areas
- A covered plaza
- Secure storage for municipal equipment and sports groups
- A bike repair station
- Water access for sports groups

Initially estimated at

\$1.7 million

the project could receive financial assistance covering up to

66%

of eligible costs.

The Town expects to receive an update around late November; however, no confirmation can be guaranteed at this stage, as the final decision rests with the Government of Quebec.

This project would transform Lions Park into an even more accessible and vibrant gathering place, fostering the creation of new services and activities while ensuring year-round use of the park.

New Information on Pet Services



Ensuring the harmonious coexistence of residents and their four-legged companions is a priority. It is in this spirit that, since June 1st, the Town of Brome Lake has entrusted all of its animal services to the SPA des Cantons. This partnership marks a new chapter in the services offered to pet owners.

Ensuring the harmonious coexistence of residents and their four-legged companions is a priority. It is in this spirit that, since June 1, the Town of Brome Lake has entrusted all of its animal services to the SPA des Cantons. This partnership marks a new chapter in the services offered to pet owners.

All licence applications must now be submitted directly to the organization, either online through the SPA des Cantons website, by telephone or in person at its offices located at 1507, rue Principale in Granby.

An annual licence costs **\$35 per animal**. It is mandatory for all dogs over three months of age. Cat owners may also obtain a licence, although it remains optional.

Beyond being mandatory, municipal licences are an important way of protecting your pet. The tag accompanying each licence features a QR code on the back, allowing anyone who finds your companion to contact you quickly. Payment and renewal are required annually, 365 days after the initial purchase date. Please note that the municipal by-law requires **all dogs to wear their tag at all times.**

Complaints concerning animals must be submitted directly to the SPA des Cantons, whether they involve stray animals, excessive barking or dogs running at large.

To contact the SPA des Cantons:

Tél. 450 263-1117 | spadescantons.com

Address 1507, rue Principale, Granby

Opening hours:

Monday to Friday, 10 a.m. to 5 p.m. | Saturday, 9 a.m. to 5 p.m.





A Vision for the Future of Knowlton's Village Core

Last spring, the Town of Brome Lake invited residents and business owners to take part in a strategic planning workshop on the future of Knowlton's village core. Here is a brief overview of this major initiative.

In Brief

Since the interim control by-law came into force in August 2025, certain types of projects have been temporarily suspended in Knowlton's village core. This process enabled the Town to begin reflecting on the future of the area. Its aim was to establish a clear, shared vision to guide high-quality, harmonious development in both the private and public sectors, while taking into account the specific character of the Knowlton area and **meeting the needs of families and seniors.**

What Has Been Done

Two complementary initiatives were carried out to establish a profile of the area and identify directions for the future of the village core. On the one hand, an extensive public consultation process, including discussion groups, workshops and an online survey, **made it possible to gather the concerns, ideas and aspirations of residents and business owners.** On the other hand, a group of land-use planning experts conducted a study and prepared a document outlining **potential solutions and directions for the evolution of the downtown area.**

Next Steps

The final vision document is expected to be adopted in October 2026. Subsequently, amendments to the zoning by-law and the Site Planning and Architectural Integration Program (SPAIP) will **incorporate this vision** into the Town's regulatory framework. These regulatory amendments are expected to be adopted in **November 2026.** Once they come into force, the interim control by-law may then be lifted. As required by law, public consultations related to the regulatory adoption process will be announced in due course.

For more information about the process, [visit the project page.](#)

REMINDERS & INFOS

Farmers' Market

Don't Miss the Final Dates of Our 20th Season!

The 20th season of the Town of Brome Lake Farmers' Market will come to an end on **OCTOBER 10**.

Until then, take advantage of these last few weeks to discover **our local producers and artisans**, stock up on flavors, and celebrate another wonderful season with them.

Thank you to everyone who contributed to the success of this 20th edition. See you next year!



Reminder

Final Tax Installment Due in SEPTEMBER

The fourth and final municipal tax installment is due no later than September 9, 2026.

If you have not yet registered for your **online tax account**, we invite you to do so now to view your balance at any time.

Taxation department



Two Dates to Remember for Your Bulky Items

Take advantage of the two bulky item collections scheduled for **SEPTEMBER 21** and **OCTOBER 19** to dispose of items you no longer need.

Before placing your items at the curb, please take a moment to consult the list of accepted materials on our website.

Please note that appliances containing Freon (a refrigerant gas), such as refrigerators, freezers, air conditioners, and dehumidifiers, are not accepted during these collections.

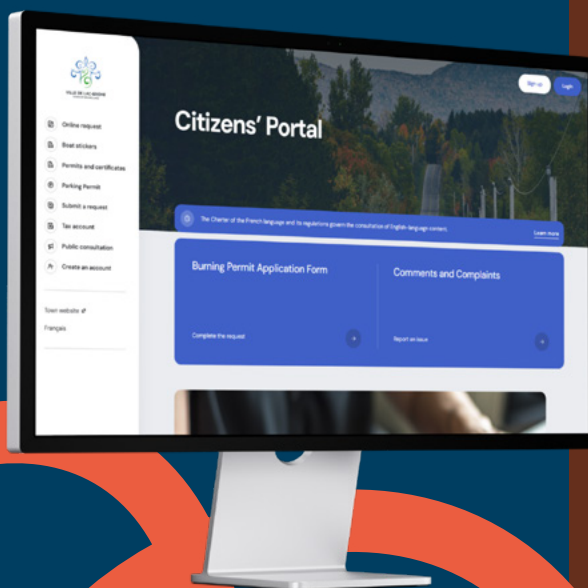
Bulky Item Collection

Your Requests in Just a Few Clicks

Have you noticed damage, were your bins not collected, or do you wish to submit a request to the municipal administration?

The **Report an Issue** and **Online Requests** modules, available through the citizen portal, are designed to help you submit these requests. In just a few clicks, you can submit your request to us. It is a **simple and practical** way to communicate with your municipality and streamline the processing of your requests.

Access the citizen portal



Concrete Tools to Protect Our Natural Environments

The Town of Brome Lake continues its efforts to support the community in protecting natural environments.

A program is available **to provide free** pre-cut geotextile sections to help control certain terrestrial invasive alien or harmful plant species, such as:

- **JAPANESE KNOTWEED**
- **COMMON REED (PHRAGMITES)**
- **POISON IVY**
- **GOUTWEED (BISHOP'S WEED)**

This recognized method blocks light and effectively limits their growth.

The Town also encourages rainwater collection. A barrel connected to a gutter allows rainwater to be collected for outdoor watering, thereby reducing drinking water consumption and limiting pollutant-laden runoff into waterways and Brome Lake.

Financial assistance covering 50% of the **purchase cost of a rain barrel**, up to \$75, is available. We would also like to remind you that financial assistance for **creating a rain garden** remains in effect.

Details of these programs and the corresponding forms are available here:

Environmental Subsidies

New Fire Station

Project Moving Forward

The construction project for the new fire station is moving forward.

Work on the plans is continuing to move the project forward to the next stage of implementation. Here's an exclusive preview of the project!

More updates will follow over the coming months.



Fulford Road Work Progressing on Schedule

Rehabilitation work on Fulford Road is progressing well. The first layer of asphalt was laid at the beginning of August.

Although a few rainy days caused some paving delays, the project has generally benefited from favourable weather conditions since work began.

In addition, the contractor continues to actively implement dust-control measures, which were strengthened at the Town's request to **minimize inconveniences for nearby residents.**

The second phase of the work, covering the section between Davis Road and Brome Road, begins in early September. It will be followed by the installation of the final asphalt layer, scheduled for later this month. The work is expected to be completed in early October.

This work is part of an initiative aimed at improving **the quality and safety** of this important transportation route over the long term.

The Town warmly thanks residents and road users for their patience and continued cooperation throughout this project



Smart water consumption: an essential habit

Drinking water is a precious resource, but it is not inexhaustible. In Quebec, residential consumption still averages 245 liters per person per day, compared to approximately 180 liters in Ontario.

In Brome Lake, our efforts over recent years are paying off, but there is still work to be done. Consumption has decreased from 330 liters per person per day in 2018 to 263 in 2024, representing a 20.3% reduction. The 2025 annual report is currently being prepared, but preliminary data indicates that this downward trend is continuing.

These results are likely due to several initiatives implemented over the years, including public awareness campaigns, leak prevention and prompt repairs, as well as major upgrades to our water system infrastructure. Despite this progress, continued efforts are required to meet provincial drinking water consumption targets.

This summer, the Quebec government's campaign "Our water, our shared resource" reminds us that when it comes to water consumption, every action counts. Watering lawns at the right time, covering pools, repairing leaks, taking shorter showers, and waiting until the dishwasher is full before running it are simple actions that, when multiplied across an entire community, make a real difference.

By maintaining these good habits, we collectively help preserve an essential resource, protect our infrastructure, and limit the costs associated with the production and distribution of drinking water. Because "Our water, our shared resource."



Recreation

FALL 2026

TOWN OF BROME LAKE

Events Schedule

A colorful fall!



September

September 5

MG3 JOUE MORRICONE

8 p.m. → Théâtre de Lac-Brome
theatrelacbrome.ca

Up to October 10

FARMERS' MARKET

8:30 a.m. to 12:30 p.m. → 48, rue Maple
lacbrome.ca/farmers-market

September 5

TWISTED PEARL, RÉCITAL

7 p.m. → Théâtre de Lac-Brome
theatrelacbrome.ca

September 9

CINÉ-CLUB: CHAPLIN ET LES TEMPS MODERNES, LA VOIE DU SILENCE

7 p.m. → Théâtre de Lac-Brome
theatrelacbrome.ca

September 10

ANYMA ORA' OPENING ACT LILI-ANN DE FRANCESCO

100% Satisfaction Guaranteed

8 p.m. → Théâtre de Lac-Brome
theatrelacbrome.ca

September 11

ACTION COMMUNAUTAIRE LAC-BROME – TACO NIGHT

6 p.m. → Centre Lac-Brome
district1217@aclb.ca
450 830-7667

September 12

FÊTE DE VILLAGE – WEST BROME

Noon to 4 p.m. → Parc Edwards
6, Scott Road

[Facebook](#)

September 18

FOOD BANK

9 a.m. to 10 a.m. → Centre Lac-Brome
For registered customers
EMERGENCY :: 450-242-2020 # 319

September 18

UNE SOIRÉE SUR LA RIVE-GAUCHE

Voyage musical au cœur de la chanson française d'après-guerre

8 p.m. → Théâtre de Lac-Brome
theatrelacbrome.ca

September 20

REPAIR CAFÉ:

Before throwing out your item we could show you how to repair it.

10 a.m. → 25 Rue Taylor, Foster
lacbromememsshed.ca

September 20

LES FRIANDS

Smaller Scale

11 a.m. to 4 p.m. → Coldbrook Park



September 24

FRANCIS DEGRANDPRÉ NEW ALBUM

8 p.m. → Théâtre de Lac-Brome
theatrelacbrome.ca

September 25

ACTION COMMUNAUTAIRE LAC-BROME – CIRCUS

6 p.m. → Centre Lac-Brome
district1217@aclb.ca
450 830-7667

September 25

2FRÈRES EN DUO CHAPITRE 1

8 p.m. → Théâtre de Lac-Brome
theatrelacbrome.ca

Events Schedule



Les journées de la culture

[Learn more](#)

September 25
INTRODUCTION TO SCULPTURE
with Isabelle Daval
2:30 p.m. → Centre Lac-Brome

September 26
FELTING AND STORYTIME
with Sabina Gibson
9:30 a.m. → Centre Lac-Brome

September 26
OUTDOOR TYPEWRITING WORKSHOP
with Sébastien Bachand
1 p.m. → Coldbrook Park

September 26
MANDALA CREATION
with Ginette Richard
1 p.m. → Coldbrook Park

September 27
SCREENWRITING WORKSHOP
with Maude Choko
9:30 a.m. → Théâtre de Lac-Brome

September 27
KNOWLTON SKETCHERS
1 p.m. → Coldbrook Park

September 27
FAMILY DANCE PERFORMANCE
Bouge de là - Un nuage dans mon ventre
3 p.m. → Théâtre de Lac-Brome

October

October 1st to 31
THE NATURE OF THE FEAST
In Brome Lake restaurant
tourismelacbrome.com



October 2
THE GRAPES OF WRATH ACOUSTIC DUET
8 p.m. → Théâtre de Lac-Brome
theatrelacbrome.ca

October 3
NEW TEMPORARY EXHIBITION:
Killing the Indian in the Child:
Generations Lost
10 a.m. → Musée Lac-Brome
lacbromemuseum.ca

October 3 to 11
CELTIC HARMONIES INTERNATIONAL FESTIVAL
→ Théâtre de Lac-Brome
harmoniesceltiques.ca

October 9
EXPOSITION VERNISSAGE
Killing the Indian in the Child:
Generations Lost
5 p.m. → Musée Lac-Brome
lacbromemuseum.ca

October 9
ACTION COMMUNAUTAIRE LAC-BROME
Dance with Maude
6 p.m. → Centre Lac-Brome
district1217@aclb.ca | 450 830-7667

October 9
THANKSGIVING DINNER FOR SENIORS
Noon → Centre Lac-Brome
tblwellnesscentre@gmail.com
450-242-2020 poste 301
Contribution \$10

October 13 to December 31
LIONS CLUB FUNDRAISING CAMPAIGN
www.canadahelps.org
Contribution \$10

October 14
CINÉ-CLUB
Lire Lolita à Téhéran
7 p.m. → Théâtre de Lac-Brome
theatrelacbrome.ca

Events Schedule

October 15 to 17

KNOWLTON LITERARY FESTIVAL

knowltonliteraryfestival.ca

October 16

THE WITCHES' BALL

Fairy Trail Decoration
(Decoration contest)

→ Coldbrook Path

facebook.com/groups/sentierfeerique

October 16

TRIADÉ TRIO HOCHÉLAGA

8 p.m. → Théâtre de Lac-Brome

theatrelacbrome.ca

October 21

UTA BROME-MISSISQUOI SOCIÉTÉ TEMPS LIBRE

*Agatha Christie, la duchesse
de la mort* par Michel Morin

1:30 p.m. → Centre Lac-Brome

usherbrooke.ca/uta/prog/estrie/brm

October 23

FOOD BANK

9 a.m. to 10 a.m. → Centre Lac-Brome

For registered customers

EMERGENCY: 450-242-2020 # 319

October 23

ACTION COMMUNAUTAIRE LAC-BROME - HALLOWEEN

6 p.m. → Centre Lac-Brome

district1217@aclb.ca | 450 830-7667

October 23

BOWSER & BLUE

8 p.m. → Théâtre de Lac-Brome

theatrelacbrome.ca

October 23

KNOWLTON LIONS CLUB CHRISTMAS BASKET FORMS

Due November 20

→ Centre Lac-Brome

450 242-2020

November

November 1st

MATHIEU GAUDET POUR LA FONDATION BMP

2 p.m. → Théâtre de Lac-Brome

theatrelacbrome.ca

November 6

ACTION COMMUNAUTAIRE LAC-BROME HANDMADE JEWELRY WORKSHOP

6 p.m. → Centre Lac-Brome

district1217@aclb.ca | 450 830-7667

November 7

LOUIS-JEAN CORMIER LES ENTRETOITS

7 p.m. → Théâtre de Lac-Brome

theatrelacbrome.ca

November 8

LIONS CLUB REMEMBRANCE DAY BREAKFAST

Annual Fundraising Campaign

9 a.m. to 1 p.m. → Knowlton Academy

November 13 to 15

LANTERN-MAKING WORKSHOP

November 13, from 2 p.m. to 8 p.m.

November 14, from 9 a.m. to 4 p.m.

November 15, from 9 a.m. to 4 p.m.

→ Centre Lac-Brome

270 Victoria Street, Buchanan Hall 1

Details on social media:

info@hors-cadre.ca | 450 242-1908

November 18 to 29

KNOWLTON PLAYERS PRESENTS HANSEL & GRETEL THE PANTOMIME

Written par Alan P Frayn & By

Arrangement with Stage

Right Creative Ltd (8 performances)

→ Théâtre de Lac-Brome

knowltonplayers.ca

November 20

FOOD BANK

9 a.m. to 10 a.m. → Centre Lac-Brome

For registered customers

EMERGENCY: 450-242-2020 # 319

November 20

ACTION COMMUNAUTAIRE LAC-BROME — HIP HOP

Collaboration with
Théâtre de Lac-Brome

6 p.m. → Centre Lac-Brome

district1217@aclb.ca | 450 830-7667

November 25

UTA BROME-MISSISQUOI SOCIÉTÉ TEMPS LIBRE

*États-Unis: après les élections de
mi-mandat* by Éric Grenier

1:30 p.m. → Centre Lac-Brome

usherbrooke.ca/uta/prog/estrie/brm

November 28 to 29

L'UNIVERS DES GNOMES ET DES FÉES AU SENTIER FÉRIQUE

10 a.m. to noon → Parc Coldbrook

[Facebook](#)

Want to know more?

See event details

Classes

FALL 2026

Kids

Classes	Schedule	Location	Cost	Informations
Ini-Push Bike (AGES 2-4)	<u>SEPTEMBER 26</u> <u>TO OCTOBER 31</u> Saturday 9 a.m. to 10 a.m.	Pumptrack at Centre Lac-Brome	\$ 100 (6 weeks)	CNCB – With experienced coaches supervising, children will improve their balance and bike control while using their balance bike in a safe environment designed for their age group.
Ini-pumptrack (AGES 5-8)	<u>SEPTEMBER 26</u> <u>TO OCTOBER 31</u> Saturday 10 a.m. to 11 a.m.	Pumptrack at Centre Lac-Brome	\$ 100 (6 weeks)	CNCB – Participants will learn the basic techniques of bike handling, pump track-specific techniques, and some BMX skills, with a progression on courses suited to their level. The program is intended for kids who already know how to ride a bike without assistance.

Adults

Classes	Schedule	Location	Cost	Informations
Tai Chi BEGINNER	<u>SEPTEMBER 21</u> <u>TO DECEMBER 14</u> Monday 1:30 p.m. to 3 p.m.	Centre Lac-Brome	\$132 + tax (11 classes)	Marguerite Gosselin – Learn the movements and basic principles of the Yang family style, including brushing the bird's tail, a simple whip, raising the hands, the white crane spreads its wings, playing the pipa, etc. No prior experience required.
Comedy Improv FOR ADULTS (AGES 20 +)	<u>OCT 1 TO NOV 19</u> Thursday 4 p.m. to 5 p.m.	Centre Lac-Brome	\$100 + tax (8 classes)	Brenda Carr – Just for fun! No experience required. Discover improvisation in the spirit of TV shows and unleash your creativity with friends. Come create, laugh, and play!
Badminton	<u>SEPTEMBER 22</u> <u>TO DECEMBER 15</u> Tuesday 6 p.m. to 8 p.m.	St-Édouard School	\$20 (13 weeks)	Open practice for all skill levels.
Fit for life	<u>SEPTEMBER 22</u> <u>TO DECEMBER 8</u> Tuesday 3:30 p.m. to 4:30 p.m. <u>SEPTEMBER 24</u> <u>TO DECEMBER 10</u> Thursday 3:30 p.m. to 4:30 p.m.	Centre Lac-Brome	\$180 + tax (12 classes) or \$15 / class \$165 + tax (11 classes) or \$15 / class	Andrea Wilson – Fun, motivating, no-fuss fitness class for active adults. Suggested for ages 55+ and anyone looking for a low impact workout. Moderate intensity. \$50 discount applicable when registering for both classes (Tuesday and Thursday).



Classes

FALL 2026

Adults (continued)

Classes	Schedule	Location	Cost	Informations
Fitness FOR SENIORS (AGES 60+)	<u>SEPTEMBER 22 TO DECEMBER 10</u> Tuesday and Thursday 1 p.m. to 2 p.m.	Centre Lac-Brome	\$172,50 + tax 12 weeks (23 classes)	Andrea Wilson – Exercices designed to prevent falls and increase your confidence. Offered in partnership with The Senior Wellness Center.
Balance SENIORS (AGES 60+)	<u>22 SEPTEMBRE AU 10 DÉCEMBRE</u> Tuesday and Thursday 2:15 p.m. to 3:15 p.m.	Centre Lac-Brome	\$172,50 + tax 12 weeks (23 classes)	Andrea Wilson – Strenth and balance exercices to stay fit for life. For all levels. Offered in partnership with The Senior Wellness Center.
Cardio Fit-Dance	<u>SEPTEMBER 23 TO DECEMBER 9</u> Wednesday 6 p.m. to 7 p.m.	St-Édouard School	\$165 (12 classes) or \$16 / class	Astra Fitness – CardioFit Dance is a dynamic 60-minute class that combines dance and cardio. Through a warm-up, an intensity phase, and an energetic dance, you increase your cardiovascular activity and strengthen your muscles. The session ends with a cool-down, relaxation, and stretching.

Classes locations

Centre Lac-Brome 270 Victoria Street

St-Édouard School 376 Lakeside Road

Family Discount

Save 5% on the total bill if two or more children register at the same time, for recreational classes.

Informations

Places are limited depending on the group.
Registration is on **a first come, first served basis**.

REGISTRATION

FROM SEPTEMBER 8 TO 20

Online

Full payment by credit card

[Register](#)

In person at Centre Lac-Brome

Monday to Thursday: 10 a.m. to noon and from 1 p.m. to 4:30 p.m.

Friday: 8 a.m. to noon

Full payment by credit card, cash or cheque

Contact us for more information

450 242-2020 | INFOLOISIRS@LACBROME.CA

Other activities

FALL 2026

Activity	Schedule	Location	Cost	Informations
Art Between Us	Sept 22 to December 1 st Tuesday 1 p.m. to 4 p.m.	Centre Lac-Brome	Free	Offered by Isabelle Daval info@hors-cadre.ca 450 242-1908
Blown Glass Workshop	Tuesday September 1 st to November 10 4:45 p.m.	Boutiverre	\$24	boutiverre.com
Bean to Cup Experience	Monday to Friday 10 a.m.	Virgin Hill Coffee	Free	Offered by Virgin Hill Coffee virginhillcoffee.com
Free Tasting	1 st Saturday of every month at 9 a.m.	Virgin Hill Coffee	Free	Offered by Virgin Hill Coffee virginhillcoffee.com
Merc(H)redi	Every Wednesday	Virgin Hill Coffee	Free	Offered by Virgin Hill Coffee virginhillcoffee.com
Cardio Pump	Tuesdays and Thursdays from 6 p.m. to 7 p.m.	Centre Lac-Brome	Price to be confirmed upon registration	Offered by Nathalie Gauvreau 450-525-3014
Anchor Point Training	Monday and Wednesday 8:15 a.m. to 9 a.m. Tuesday and Thursday 11:45 a.m. to 12:45 p.m.	Centre Lac-Brome	1 st class is free \$100 / 10 classes	Offered by Chris Severs 424-772-8672 chris@anchorpointtraining.com
Espace des petits pas	Saturdays and Sundays from 8:30 a.m. to 12 p.m.	Centre Lac-Brome	Free	Offered by the Town of Brome Lake Registration not required: Unsupervised motor skills zone for ages 0-5 lacbrome.ca
Les amis des sentiers Lac-Brome	Thursday 10 a.m. to noon	Divers	Free	Hikes every Thursday morning throughout the year club.fadoq.ca/M076 450 242-1003
Paper Creation	Monday September to November	Centre Lac-Brome	\$ 245 / 6 classes	Offert par Ana Tomas Rousseau anatomasrousseau@gmail.com
Duo Paper Creation	Saturday September to November	Centre Lac-Brome	\$ 130 / 6 classes	Offert par Ana Tomas Rousseau anatomasrousseau@gmail.com





2026

October 15 - 17 octobre
Festival littéraire
Knowlton
Literary Festival

www.knowltonliteraryfestival.ca



LES SAVEURS DE THREE PINES

THE NATURE OF THE FEAST

A TASTE OF LOUISE PENNY'S WORLD
On the menu all October in Brome Lake's participating restaurants.

Alizé du Domaine Jolivent, Bistro West Brome
Brûlerie Virgin Hill Coffee, Buzz Café & Bistro
Café Three Pines

UNE AVENTURE CULINAIRE INSPIRÉE DES ROMANS DE LOUISE PENNY
À savourer en octobre dans les restaurants participants de Lac-Brome.

Chez Moi Chez Toi, Ensemble bar à vin
La Knowlton Co., Raffields Centrale
Restaurant-Bistro Le Relais, Restaurant Un vrai délice

MINOTAUR BOOKS

Flammarion Québec

LAC-BROME



ACTIVITÉS CBH - AUTOMNE 2026

Pour plus d'info: www.clubdelabonnehumeur.ca info@clubdelabonnehumeur.ca



Lundi	Mardi	Mercredi	Jeudi	Vendredi	Samedi
ESSEINTRICS avec Sophie Deshaies Débute le 14 sept. pour info : Martine Martel 450-242-2827	ATELIER DE CUISINE 8 h 45 / 1e mardi du mois Débute le 1e sept. Invitation via l'infolettre	ESSEINTRICS avec Sophie Deshaies 8 h 30 à 9 h 30 Débute le 16 sept.	YOGA sur CHAISE avec Cindy Cleary 9 h à 10 h pour info: 450-243-5620	CERCLE D'ÉCRITURE le 2e et le 4e vendredi du mois Gratuit info : Jacinthe Grondin 450-243-5620	PICKLEBALL École St-Édouard 9 h à 11 h 11 h à 13 h 13 h à 15 h 15 h à 17 h Info : Dominique Martin 524-919-7349
LA CHORALE DU CBH avec Cécile Allemand débute le 14 sept. pour info : Louise Morier 450-243-5620	DICTÉE du CBH 9 h 30 / 3e mardi du mois Invitation via l'infolettre	PETITES QUILLES 9 h 30 12e partie	LES AMIS DES SENTIERS info : Richard Dubois 450-242-1003 Invitation via l'infolettre	COURS DE BRIDGE DÉBUTANT avec Jean Plaisance Débute en octobre Inscriptions via l'infolettre	
BRIDGE DUPLICATE 13 h 00 à 16 h 30 En continu Resp : Jean Plaisance 450-243-0010	DANSE EN LIGNE débute le 15 sept. Débutant 2-intermédiaire 13 h - 14 h 30 pour info ; 450-243-5620	ENGLISH SCRABBLE DUPLICATE 10 h - Free Info : Doreen Drolet 819-918-4768	PICKLEBALL - Vélodrome 11 h à 13 h Info - Dominique Martin 514-919-7349	LES VENDREDIS, PLACE AUX JEUX ! 13 h 30 Gratuit Responsable Yvan Deslandes & Marie Trillat 450-658-6773	
BILLARD 19 h à 21 h - Gratuit		BRIDGE DUPLICATE 13 h 00 à 16 h 30	Jeu - Le Savez-vous ? Le 4e jeudi du mois - 14 h Resp: Bob Calvez 450-931-0713 Invitation via l'infolettre	Code des couleurs	
PICKLEBALL École St-Édouard 18 h 30 à 20 h 30 Info : Dominique Martin 514-919-7349	SCRABBLE DUPLICATE FRANÇAIS 15 h - Gratuit info : Doreen Drolet 819-918-4768	BILLARD 19 h à 21 h - Gratuit	BILLARD 19 h à 21 h - Gratuit	MATIN	
		PICKLEBALL École St-Édouard 18 h à 20 h 20 h à 22 h	ÉCOUTEZ COMME C'EST BEAU 3e jeudi du mois - 19 h 30 Invitation via l'infolettre	APRÈS-MIDI	
				SOIR	

*the*Bulletin

**In the
heart of
Brome Lake**